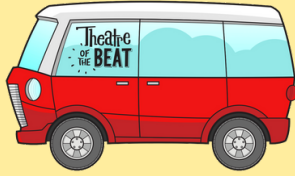


THEATRE OF THE BEAT

Staging Change since 2011

WHO IS TOTB?



Theatre of the Beat is a Canadian touring theatre company working to catalyze conversations on social justice and its intersection with the beliefs of the communities in which we find ourselves.

Since 2011, we have been staging change across the globe by creating original social justice theatre and workshops for underrepresented populations. Our company empowers its audience to work towards a just future.

We have performed over three hundred shows in theatres, festivals, churches, universities, and prisons across North America, the United States, and Europe.



TOTB FACILITATOR HIGHLIGHT



Lena Maripuu is so excited to be the Education & Outreach Coordinator at Theatre of the Beat! She is an actor, theatre creator, and artist-educator based in Toronto, who has taught drama to students from kindergarten through high school.

PAST WORKSHOP REVIEWS

"The strength of [this] workshop on appropriate boundaries lies in both [the] relational approach and [the] careful crafting of experiences that allow participants to consider difficult topics from different angles. From this new viewpoint, recognizable situations are seen in new light and defensive barriers are lowered."

— Joel Warkentin - Teacher at UMEI Christian High School, on Safe Hands: Consent & Healthy Boundaries Workshop

SAFE HANDS



Consent, Healthy Boundaries, & Power Imbalances



DESCRIPTION & LEARNING GOALS

Years after the birth of the #MeToo movement, sexual violence and harassment are still pervasive at all levels of our society. This workshop explores how ordinary people can help prevent such violence by first unpacking unspoken norms in our society that allow these injustices to occur. Participants explore topics of consent, boundaries and awareness of the types of power imbalances that contribute to gender violence and sexual abuse.



ACTIVITIES

Using techniques from political theatre practitioner, Augusto Boal, Safe Hands promises to spark dialogue and equip audiences with the skills needed to unpack the systemic roots of sexual violence. This workshop actively engages participants through dramatization and role play, empowering them with confidence to become active bystanders, unpack the complexities of gender violence, and recognize how power affects our understanding of consent.

REQUIREMENTS:

TIME:	1.5 hrs
DRAMA EXPERIENCE:	None
SPACE:	Empty space with chairs & WiFi
PARTICIPANTS:	Approx. 10-30
AGE RANGE:	Teen - Adult
INSTRUCTORS:	1 Facilitator / 30 Students

PRICE:

BASE:	\$350
30+ PARTICIPANTS:	+ \$125 to cover additional facilitator

Price is flexible; we can make accommodations to help overcome financial barriers.

BOOK A WORKSHOP:

EMAIL: info@theatreofthebeat.ca

Questions? Email us to set up a consultation so we can tailor the workshop to the needs of your group!



(647) 622-2328



info@theatreofthebeat.ca



theatreofthebeat.ca